

# *Haklao, Magar Pyar Se..!*

**National  
Conference  
on  
Stammering  
and  
Self-help**



Picture Credit: <http://www.dailynews.lk/2009/10/22/fea20.asp>

## **FIRST NATIONAL CONFERENCE ON STAMMERING**

**Theme: It's Okay to stammer..!**

Venue: Institute of Health Sciences (IHS),  
Bhubaneswar, Orissa, India.  
(<http://www.ihsindia.org/>)

Dates: 28th December 2011 to 1st January 2012



## Important Updates for the National Conference

1. There is NO registration process/fees for anyone accompanying you. They will just have to take care of their board and lodge. You just need to inform us if you are coming with someone
2. IHS has promised to help us with the hotel bookings. The charges are ₹ 1200 per room per night (The usual charges for this hotel according to IHS is ₹ 2500 per night; so we will be getting 50% discount). So please register soon if you want the accommodation to be booked for you! (We also have some subsidized accommodation available too)
3. Registration fees received till now :  
<http://stammer.in/component/content/article/1-cat-latest-news/473-nc-registration-fees-recieved.html>
- d. Cut-off Dates:
  - a. **Last date for online registrations (along with accommodation): November 20th 2011**
  - b. **Last date for online registrations (without accommodation): November 30th 2011**
  - c. **After 30th November, Registrations will be done ONLY at the Venue.**

**NO EXCEPTIONS WILL BE MADE REGARDING THE CUT-OFF DATES**



### Registration

Rupees One thousand only ( ₹ 1000 ) for all the five days. ₹ 400 for part one and ₹ 600 for part two, can be paid if you are planning to attend only part of event. Please register early to help TISA and IHS serve you better. You are welcome to bring your family along. Consider this as an opportunity to educate your family members about stammering. Here are detailed instructions:

1. Send a bank draft or wire transfer or Money order to any of the following for ₹ 400 (part 1) or ₹ 600 (part 2) or ₹ 1000 (Total 5 days of National Conference). Send an email about this to NC organizer ( Mr Jai Prakash Sunda ) and register online ([here](#)) too.
2. Once you have sent the registration fee, informed NC organizer (JP) and filled the online registration form- your role in registration is over. Just keep checking the blog and the website for related news and developments.
3. If you wish to make a presentation in the Conference, don't hesitate- write out an outline (what is the issue? What could be the solution? What is the lesson, if it is a story, a personal sharing? etc.) and email it to Mr. Jai Prakash Sunda or Dr. Satyendra Srivastava.

Remember, you are (all the more) welcome to stammer as you make your presentation!

4. Officers / volunteers authorized to collect registration fee and help you with any queries are as follows:

**Mr Vishal Dadha**

4/7, Thirumurthy Street,  
B-3, Bharani Appartment,  
3rd Floor,  
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- 600017  
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**Mr Vivek Singh**

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**Mr Jai Prakash Sunda**

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## Background

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Stammering is a puzzling chronic communication disorder. While no universal cure has been found so far, sufferers have come up with many coping strategies in every culture and age. Role of self help and need for long term social support has come up in many societies as important adjuncts to mainstream therapies. The Indian Stammering Association (TISA) offers self help through self help groups, "Communication" workshops, and dissemination of up-to-date information on web.

Institute of Health Sciences, a unit of Margdarsi, Registered under PWD act operating in Bhubaneswar, is a training and academic institution of repute, working in the field of disability, especially communication disorders.

IHS and TISA hereby collaborate to conduct first national conference on Stammering, to explore how self help can be more relevant and accessible to more than one crore Indians who stammer and have little support from the state or society. This conference will bring together people who stammer and people who care for them in an atmosphere of mutual exploration and learning.

### Audience

This conference is addressed to Indian people who stammer. PWS from South East Asian countries, as well as other countries, are also welcome to participate.



**2-day Intensive Communication Workshop**  
 Part 1 (DEC 28, 29): Optional Two day intensive communication workshop as a run up to main conference. It is intended for PWS who have had little or no therapy, preferably young and adventurous. It will introduce some common techniques based on stuttering modification approach and intensively used in TISA Self Help Groups.

**Day 2**

- 1. What is Communication workshop? Idea, in practice, constraints and future directions**  
 Presentation by Mr. Jai Prakash Sunda and Mr. Kishore Bisht, TISA. Followed by Q&A
- 2. Role of writing (journal/blog) in recovery from emotional baggage in stammering**  
 Presentation by Mr. Harish Usgaonkar and any other regular blogger (Mr. Amit Kushwah) Followed by Q&A
- 3. Overview of modern stammering therapies**  
 Followed by Q&A

**Lunch**

- 4. Paths to Personal recoveries**  
 (3-4 speakers, to be decided) followed by Q&A .
- 5. Open mike session**  
 (any one can come up and share their thoughts)
- 6. Talent Show**

**Day 1**

- 1. Self-help: opportunities and Challenges**  
 Key-note address by Dr. Satya Mahapatra, Director IHS, followed by Q&A
- 2. Stammering - Cause and Cure**  
 Presentation by Dr. Satyendra Srivastava and Dr. Kshitiz, TISA, followed by Q&A
- 3. Setting up a SHG: Challenges and lessons**  
 By Mr. Vivek Singh & Mr. Jai Prakash Sunda, TISA, followed Q&A

**Lunch**

- 4. UNSPEAKABLE**  
 A movie by John Paskievich, which reviews various aspects of stammering as well as therapies available, issues of relapse etc. - followed by open discussion (Finish by 5 pm)

**Day 3**

- 1. What and why of Acceptance**  
 Presentation by Mr. Manimaran and any other volunteer , TISA Chennai; Followed by Q&A
- 2. Future directions for TISA**  
 Presentation by Mr. Nitin Tomar and any other volunteer, TISA; Followed by Q&A
- 3. Two Open sessions**  
 (Theme and speaker to be decided: could be on Vipassana, Brahmavidya, Toastmaster etc. from a presenter who can offer a balanced review)

**Lunch**

- 4. Open slot**
- 5. Where do we meet next and when?**
- 6. Conclusion and Photo session**
- 8. Meet the press**

**7 pm: Farewell party and dispersal**

## Medium

Hindi, English, (Oriya translations on request)



## Logistics

About twenty participants can be accommodated on the campus in the hostel, with four participants sharing one room. This will be booked for participants on “first come, first served” basis. Basic Board and lodge (as in hostels) for this arrangement will be costing only Rs 100 per day. To book this accommodation, please contact Mr. Jai Prakash Sunda or Dr. Satyendra Srivastava.

A variety of hotels nearby are available and will range from Rs 1000 to Rs 4000 per day. Online booking and inquiries are possible at many web sites, like Sulekha.com. Search for “IRC village, Bhubaneswar, Hotels”. IRC village is the academic part of the town wherein Institute of Health Sciences, the venue, is located.

## Other Attractions

This region has many places worth a visit: Puri, Konark (The sun temple at the beach, above), Chilika lake etc. Bhubaneswar has a lot of places of historic importance and religious significance. This place is also famous for all kinds of Silver filigree, Stone and Wood carving, Patta paintings, Tie and Dye textiles, bamboo basketry, brass and bell metal work, horn work, and many other famous handicrafts which can be selected as souvenirs from the local markets. Participants can go on a private trip on their own easily. If sufficient numbers desire, a group trip can be organized as well.



## Contact

### TISA

Mr. Jai Prakash Sunda, Chandigarh  
Mob: 09915686678; jaiprakashsunda@gmail.com

Dr. Satyendra Srivastava, Dehradun  
Mob: 09412058272; satksri@gmail.com

### IHS

Institute of Health Sciences,  
N2/41, IRC Village,  
Bhubaneswar, 750015,  
Orissa, India.